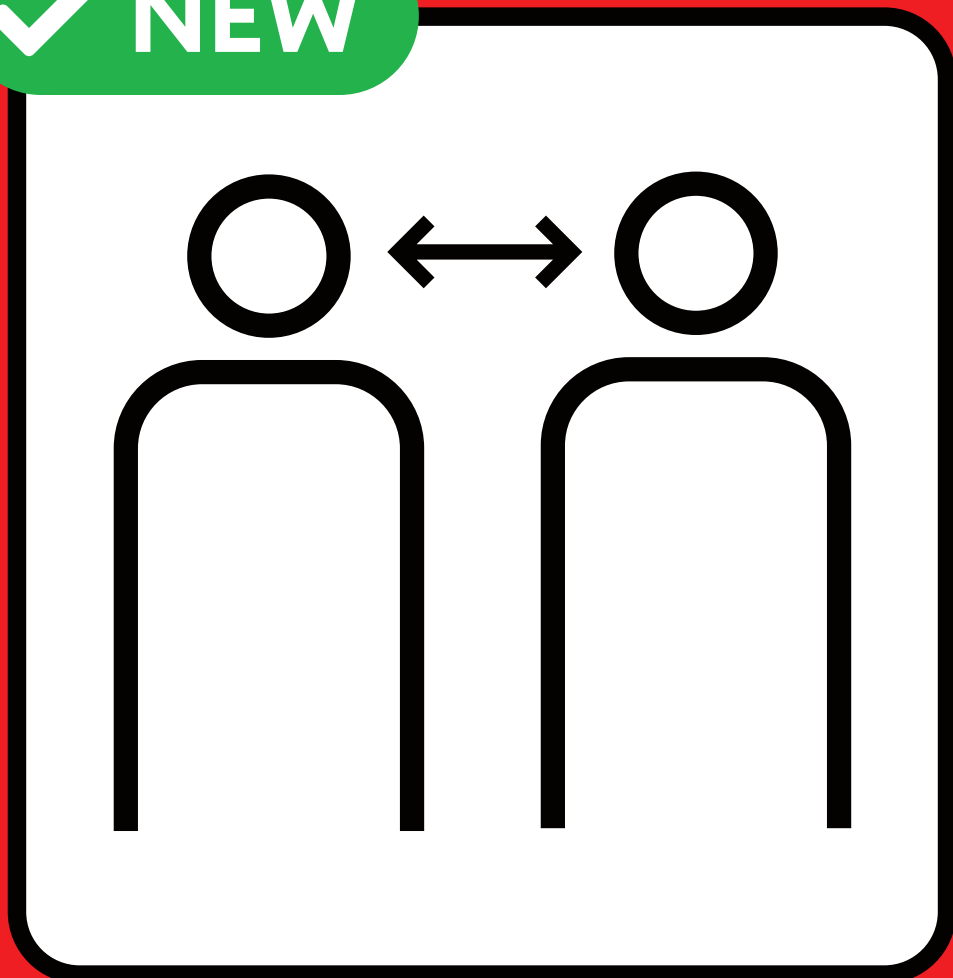


PROTECT YOURSELF AND OTHERS



✓ NEW



Keep your distance.

For example:

- Protect the elderly by keeping a safe distance.
- Keep your distance from others in a queue.
- Keep your distance at meetings.

STILL IMPORTANT:



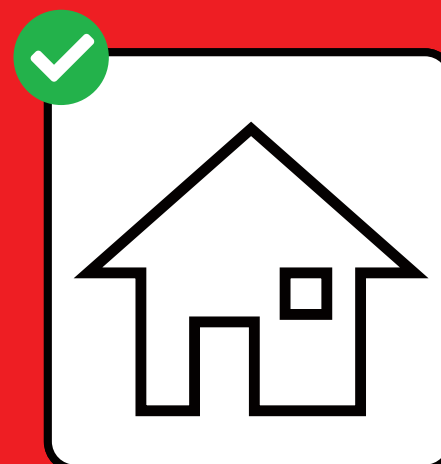
Wash your hands thoroughly.



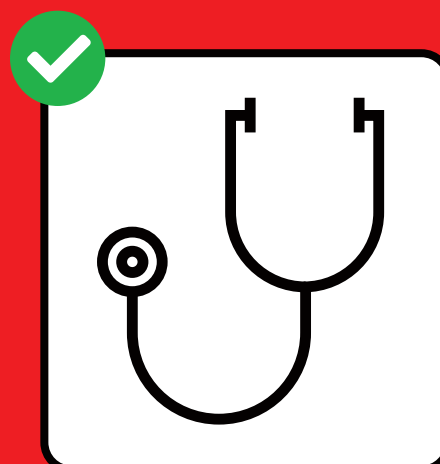
Avoid shaking hands.



Cough and sneeze into a tissue or the crook of your arm.



Stay at home if you have got a high temperature and a cough.



Always call ahead before going to the doctor's or the emergency department.

www.foph-coronavirus.ch



Schweizerische Eidgenossenschaft
Confédération suisse
Confederazione Svizzera
Confederaziun svizra

Swiss Confederation

Bundesamt für Gesundheit BAG
Office fédéral de la santé publique OFSP
Ufficio federale della sanità pubblica UFSP
Uffizi federal da sanadad publica UFSP



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